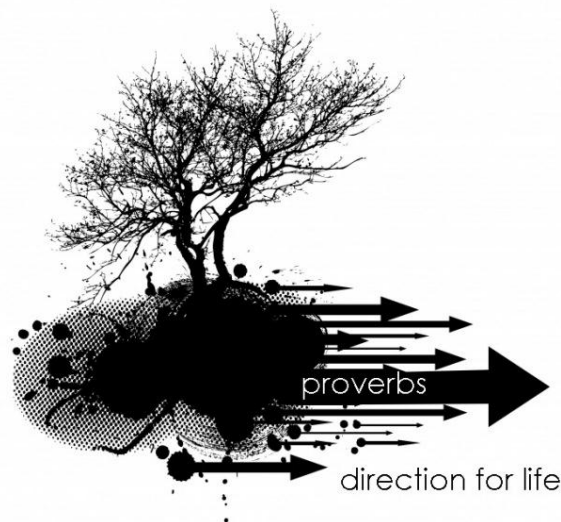


*Australian Teacher*

# Analysing Proverbs & Quotes

*Suitable for whole-class discussion or as a writing exercise.*

**Age group: 10 and older**



# Proverbs & Quotes (1)

**1. *The best way to cheer yourself up is to cheer someone else up.***

*Mark Twain*

1. Assuming this proverb is true, how can it be that cheering someone else up can cheer you up?

2. Can you share with us an example of when you cheered someone else up?

3. Has someone ever cheered you up? Who was that person and what were the circumstances?

4. Cheering someone up needn't be done face-to-face. What are some ways you could accomplish it?

**2. *Life isn't about waiting for the storm to pass; it's about learning to dance in the rain.*** *Anon*

1. Discuss the meaning of this quote.

2. Can you think of times when it is better for the 'storm to pass' before you 'dance in the rain'?

3. Some might suggest that 'dancing in the rain' has the same meaning as 'making the most of what you have'? What are your thoughts on this?

**3. *The unbending tree is easily snapped.*** *Lao Tzu*

1. How do you interpret this proverb?

2. Try to think of a time when you made the decision to be flexible in your actions or thoughts. Did that decision prove to be a wise one?

and/or

Can you think of a circumstance when it would be better to 'bend' than to stand your ground stubbornly?

3. When is it good to be unbending?

4. When is it good to change your mind according to the circumstances?

